

Physical Issues Checklist

Child's Name: _____

Please check mark all that applies to your child.

Vision

- read below grade level
- have trouble comprehending
- avoid reading or close-up tasks
- omit, turn around, or confuse words when reading
- lose their place or use their finger to follow a line of print
- become easily distracted, finding it difficult to remain on task
- have a short attention span
- need lots of breaks during homework
- tire quickly when they read
- suffer from eye strain
- have red or watery eyes when reading
- complain of blurred, double, or moving print
- squint, frown, or rub their eyes while reading
- have difficulty taking tests
- tilt their heads at an angle or hold books too closely when reading
- cover an eye to read
- have difficulty copying from the board
- reverse letters and numbers past the first grade
- fail to complete assignments on time
- appear to be unmotivated or lazy at school
- seem frustrated with school
- suffer from poor self-esteem
- complain of headaches
- struggle with eye-hand coordination
- have poor handwriting
- sometimes appear awkward or clumsy
- have difficulty catching or hitting a ball

___ show signs of attention deficit disorder

Vision

- ___ red, sore, or itching eyes
- ___ jerky eye movements, one eye turns in or out
- ___ squinting, eye rubbing, or excessive blinking
- ___ blurred or double vision
- ___ headaches, dizziness, or nausea after reading
- ___ head tilting, closing, or blocking one eye when reading
- ___ avoidance of near work
- ___ frequent loss of place
- ___ omits, inserts, or rereads letters/words
- ___ confuses similar looking words
- ___ failure to recognize the same word in the next sentence
- ___ smart in everything but school
- ___ low self-esteem, poor self-image
- ___ frequently crying
- ___ short attention span
- ___ irritability
- ___ day dreaming
- ___ labeled lazy
- ___ labeled dyslexic
- ___ labeled attention deficit disorder
- ___ labeled slow learner
- ___ labeled behavioral problem
- ___ labeled juvenile delinquent

Visual Stress

- ___ avoid a task by doing as little as he/she can get by with
- ___ experience pain or other symptoms
- ___ aches, visual and/or overall body fatigue
- ___ fall asleep when reading

___ suppress the sight of one eye

___ develop myopia or astigmatism

Atypical Development

___ no big smiles or other warm, joyful expressions by six months old or thereafter

___ no back-and-forth sharing of sounds, smiles, or other facial expressions by nine months or thereafter

___ no babbling by 12 months

___ no words by 16 months

___ no two-word meaningful phrases (without imitating or repeating) by 24 months

___ any loss of speech or babbling or social skills at any age

Hearing Loss/Ear Problems

___ developmental milestones of auditory and speech behaviors are absent/delayed

___ some speech sounds may not be pronounced correctly, particularly ‘sa’, ‘sha’, ‘fa’, etc.

___ inconsistent response to sound

___ understands speech better when facing the speaker

___ not attentive in class

___ ask for repetitions

___ complains of pain/discharge/ringing sound in the ear

___ keeps the television on at louder volume

___ uses inappropriate loudness of voice

Speech, Language, and Hearing

___ no babbling to sound at any age

___ infant does not move or jump when a loud sound is made

___ no babbling by the time the infant is 9 months old

___ no words spoken by the age of 18 to 24 months

___ does not follow simple commands by 2 years old

___ stuttering continues past 5 years old

___ poor voice quality at any age